



# Weekly Schedule

Week of: \_\_\_\_\_

| WEEKLY GOALS   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY  | SUNDAY  |
|--|---|---|---|---|---|---|---|
| <input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____ | <b>TOP 3 PRIORITIES</b><br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____ | <b>TOP 3 PRIORITIES</b><br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____ | <b>TOP 3 PRIORITIES</b><br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____ | <b>TOP 3 PRIORITIES</b><br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____ | <b>TOP 3 PRIORITIES</b><br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____ | <b>TOP 3 PRIORITIES</b><br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____ | <b>TOP 3 PRIORITIES</b><br><input type="checkbox"/> _____<br><input type="checkbox"/> _____<br><input type="checkbox"/> _____ |
|  | MORNING   | MORNING   | MORNING   | MORNING   | MORNING   | MORNING   | MORNING   |
|  | AFTERNOON   | AFTERNOON   | AFTERNOON   | AFTERNOON   | AFTERNOON   | AFTERNOON   | AFTERNOON   |
|  | EVENING   | EVENING   | EVENING   | EVENING   | EVENING   | EVENING   | EVENING   |

| WEEK IN REVIEW   |   |
|--|---|
| <b>WINS &amp; ACCOMPLISHMENTS</b><br>_____<br>_____<br>_____ | <b>LESSONS &amp; ADJUSTMENTS FOR NEXT WEEK</b><br>_____<br>_____<br>_____ |